

ORIGIN OF AYURVEDA IN SUSRUTHA SAMHITA

According to Susrutha Indra, taught Dhanwantari (professor of surgery) embodied as King Divodasa of Banaras. Devodasan, he then transmitted it to his 6 companions, with special reference to surgery. Along with Susruthan, Aupadhenava, Vaitarana, Aubhra, Puskalavata, Karavirya, Gopuraraksita and Susruta.

Susruta Samhita describes mainly about surgery. We can feel depth of our Ayurvedic system of medicine in Susruta Samhita. It is believed that Susruta Samhita is the revised edition of the Susrutathantram. It is believed that susrutathantram is written by vrita Susrutan, and another Susrutan added the Utharastanam to the Susrutathantram. it is believed that Nagarjuna revised Susrutatantram to Susruta Samhita along with adding new element Uharastana. It is also believed that Susruta Samhita compiled from the books of Vrita Susrutam, Susrutam, Lakha susrutam.

ORIGIN OF AYURVEDA IN CARAKA SAMHITA

People could not keep Dharma, Artha, Kama and Moksa so balance of doshas lost. People were suffering with several diseases. In that time, Rishis conducted a meeting on Himalaya. They decided to collect the knowledge of Ayurveda. Thus, Barathraja selected to learn Ayurveda from Indra. He taught eternal science of Ayurveda from Indra.

Then Punarvasu, son of Atri received Ayurveda from Bharadwaja and transmitted it to his six disciples- Agnivesa, Bhela, Jathukarna, Parasara, Haritha and Ksharapani. Of these, Agnivesa 1st composed a text, then the others also composed theirs, and these six books got general recognition in the world

Caraka Samhita is the heart of the Ayurveda that is the one of the best books available in Ayurveda. Caraka Samhita is the revised version of AgniVesa Samhita and Caraka added some chapter on it.

ORIGIN OF AYURVEDA IN KASYAPA SAMHITA

According to the Kasyapa Samhita from Indra four sages Kasyapa, Vasista, Atri, and Bhrgu learnt eternal science of Ayurveda . It is believed that the Kashyapa Samhita created by Vrita Gevekan.

ORIGIN OF AYURVEDA IN ASTANGA SAMGRAHA AND ASTANGA HRDAYA

According to Ashtangasangraha and Astangahridaya, Indra directly taught Atreya and his six companions. These Samhitas gave importance to the ASTANGAS. These Samhitas are the combinations of the surgical portion in the Susruta Samhita and Kaya Chikitsa portions in the Caraka. There is a controversy that these two Samhitas were written by same author or not. There is another controversy that there are two or three VAGBHATAS who were the person behind these Samhitas.

ORIGIN OF AYURVEDA IN BRAMHAVAIVARTA PURANA

According to Bramhavaivarta Purana Baskara, the sun god learnt Ayurveda from Bramha directly.