

MENTAL DISEASES(MANASIKA ROGA)

Mental strength is graded into 3- , , . can suffer any adverse condition; can't and in between them.

Acharya Caraka describes satwasarapurusha who has great mental power, memory, knowledge, hygiene, self control etc.

As the mentioned earlier, satwabhagum of manas has contributed with social behaviour. Man is a social animal. He can't withstand when separated from society.

A CONTRADICTION

How can we predict whether manas is bouthika or abouthika. Manas is an acetana dravya. Ayurvedic concept about indriya is usually known of bouthika. Caraka and his commentator Cakrapani taken manas as atindriya (super sensual). In perception of senses manas is connected to both external sense organs (bouthika) and cetanadhatu (abouthika). Caraka include manas in adhyatmika dravya along with atma and buddi. It is said that manas receive contribution from fine parts of food. Which means only that, food is essential in normal regulations of manovahasrotas. From all of the opinions we can assume that manas is not purely bouthika or abouthika. It has connections with panchabootha sareera and chetanadhatu (atma). So it is a connecting link between sareera and atma.

CONCLUSION

If we research through great Acharya's works we can realize one important factor that no body has tended to give a clear definition to manas. All of them elaborately described about various aspects of manas and it's Psychological, etiological and supersensual functions. Any way one thing is sure that physicians should give proper attention for the mental characters of patient to get good result.
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